

Placement Lip Balm

Ingredients

- 2 tbsp beeswax pastilles
- 2 tbsp shea butter
- 2 tbsp coconut oil
- 5 drops Essential Peppermint oil
- 1 tsp liquid Vitamin E

Directions

1. Melt first three ingredients over a double boiler.
2. Remove from heat but leave over the heated water and add Peppermint oil and Vitamin E.
3. When cooled pour into containers.
4. Let sit for a few hours, until it solidifies.
5. Clean sides of containers and put on caps.
6. Label.

Placement Bath Bomb

Ingredients

- 10 oz baking soda
- 6 oz citric acid
- 6 oz corn starch
- 6 oz finely ground Epsom salts (also use colored sea salt or mix 1/2 and 1/2)
- 4 tsp water in spray bottle
- 4 tsp oil (coconut oil / castor oil / sweet almond oil)
- 6 tsp of essential oil
- Items to add as desired; dried rose petals, chopped rosemary, dried lavender flowers or chopped lavender leaves, etc.

Supplies

- Glass bowl
- Whisk
- Bath bomb mold
- Pan with waxed paper

Directions

1. Put first four ingredients in bowl and mix well with whisk.
2. Add oil and mix.
3. Add essential oil and mix.
4. Spray with water and mix. Repeat till mixture is like moist sand that can be pressed in your hand.
5. Pack mixture into both sides of bath bomb mold. Put extra mixture on the top of one side. Press tightly together. When sides of mold come together give it a few seconds and then try to unmold.
6. Carefully place the bomb on the wax paper and dry for at least 4 hours.

NOTE: if mixture falls apart then it is not moist enough. If the two sides of the mold do not stick together then 1) the mixture is either not moist enough, or 2) you need to pack more mixture on the top of one side before putting together, and 3) press harder.