#### CHATTANOOGA STATE TECHNICAL COMMUNITY COLLEGE CHATTANOOGA, TENNESSEE Social and Behavioral Sciences

## SYLLABUS

## PE 210: Introduction to Physical Education

## **Catalog Course Description**

Role of physical activity in American education; historical, political, economic, and social forces affecting physical education and society.

### Prerequisites

None

### Textbook/Materials

Introduction to Physical Education, Fitness, and Sport, Seventh Edition, Daryl Siedentop, 2009

### **Required Student Learning Outcomes:**

<u>PSLO 1: (Transfer Degree)</u>: acquire additional competencies needed for transfer to a BS/BA degree program.

<u>CSLO 1</u>: Trace the History of the development of physical education and its place in the curriculums of educational institutions in this country.

CSLO 2: Explain the basis of the physical education curriculum and its place in today's society.

<u>CSLO 3</u>: Identify the relationship of athletics to physical education and the place of athletics in today's society.

<u>CSLO 4</u>: Discuss the relationship of recreation to physical education and how these two disciplines can be coordinated to meet the present needs of society.

<u>CSLO 5</u>: Explain physical education as a discipline and a profession and identify some of the problems a teacher can expect to encounter in today's schools.

## **Required Assessments:**

- 1. <u>Unit One Exam</u>: Questions assess student of the historical development of physical education (PSLO: 1; CSLO: 1).
- 2. Unit Two Exam: Questions assess physical education place in the curriculum (PSLO: 1; CSLO: 1, 2).
- 3. Unit Three Exam:
- 4. Unit Four Exam: Questions assess physical education programs and their relationship to recreation (PSLO: 1; CSLO:3, 4)
- 5. <u>Unit Five Exam:</u> Questions assess problems and issues in physical education (PSLO: 1; CSLO 4, 5)
- 6. <u>Worksheet 1</u>: Personal Resume; Complete past and present work history and future plans in the field of physical education, athletics and recreation. (PSLO 1; CSLO 2, 4, 5)
- 7. Worksheet 2: Interview of person in the field of physical education (PSLO 1; CSLO 2, 5)
- 8. <u>Worksheet 3:</u> Certification project for a person entering the field of physical education. (PSLO 1; CSLO 2, 3, 4, 5)

## **CSLO/Assessment Alignment:**

CSLO	CSLO 1	CSLO 2	CSLO 3	CSLO 4	CSLO 5
Assessments	Exam 1	Exam 2	Exam 3	Exam 4	Exam 5
		Worksheet 1		Worksheet 2	Worksheet 3

## Topics:

1.	Chapter 1	The Dilemma of Our Times: Lifespan Physical Activity and the Obesity Health Crisis
2.	Chapter 2	The Heritage of Physical Education, Sport and Fitness in the United States
3.	Chapter 3	Changing Philosophies for Sport, Fitness and Physical Education
4.	Chapter 4	Basic Concepts of Sport
5.	Chapter 5	Sport Programs and Professions
6.	Chapter 6	Problems and Issues in Sport
7.	Chapter 7	Basic Concepts of Fitness
8.	Chapter 8	Fitness Programs and Professions
9.	Chapter 9	Problems and Issues in Fitness
10.	Chapter 10	Basic Concepts of Physical Education
11.	Chapter 11	Physical-Education Programs and Professions
12.	Chapter 12	Problems and Issues in Physical Education
13.	Chapter 13-14	Developing an Infrastructure to Support Physical Activity and Healthy Lifestyles
		The Crucial Themes Defining Our Present and Future
14.	Chapter 15-16	
		The Social-Science Sub-disciplines Supporting the Professions

## **Assessment**

Attendance	15%
Resume/Curriculum Guide	15%
Unit Tests (5)	30%
Future Job Paper	15%
Interview (out of class)	15%
Certification Project	<u>10%</u>
	100

## **Grading Scale**

A = 90-100
B = 80-89
C = 70-79
D = 65-69
F = 64 and below

## **Course Delivery Format Options**

Faculty may require on-line activities and assignments to include on-line tests and submission of all written and on-line communications. The extent of on-line activities/assignments may vary by course but will be specified on the syllabus.

**Standard Format** – This format is the traditional format and may use an online format to provide access to "static" materials which include the syllabus, course material, contact information, and presentations. Faculty must make available when requested a copy of syllabus and any other instructor provided course materials, including their contact information. Faculty may require on-line activities and assignments to include online tests and submission of all written and on-line communications. The extent of on-line activities/assignments may vary by course but will be specified on the syllabus.

**Hybrid Format** – This format requires significant online activity. Students in hybrid classes must access course content and assessments using the Internet in order to pass the class, whether it meets full-time or part-time in the classroom. Faculty need not hand out a copy of the syllabus and any other required course material, including their contact information.

**On-line Format** – This format requires that the entire class be conducted online. The syllabus, course material, contact information, and presentations will be provided online through the course management system. Assessments may be conducted online or in a proctored environment.

### **College Policies**

This class is governed by the policies and procedures stated in the current Chattanooga State Student Handbook. Additional or more specific guidelines may apply.

#### **ADA Statement**

Students who have educational, psychological, and/or physical disabilities may be eligible for accommodations that provide equal access to educational programs and activities at Chattanooga State. These students should notify the instructor immediately, and should contact Disabilities Support Services within the first two weeks of the semester in order to discuss individual needs. The student must provide documentation of the disability so that reasonable accommodations can be requested in a timely manner. All students are expected to fulfill essential course requirements in order to receive a passing grade in a class, with or without reasonable accommodations.

#### **Disruptive Students**

The term "classroom disruption" means – student behavior that a reasonable person would view as substantially or repeatedly interfering with the activities of a class. A student who persists in disrupting a class will be directed by the faculty member to leave the classroom for the remainder of the class period. The student will be told the reason(s) for such action and given an opportunity to discuss the matter with the faculty member as soon as practical. The faculty member will promptly consult with the division dean and the college judicial officer. If a disruption is serious, and other reasonable measures have failed, the class may be adjourned, and the campus police summoned. Unauthorized use of any electronic device constitutes a disturbance. Also, if a student is concerned about the conduct of another student, he or she should please see the teacher, department head, or division dean.

#### **Affirmative Action**

Students who feel that he or she has not received equal access to educational programming should contact the college affirmative action officer.

#### Academic Integrity/Academic Honesty

In their academic activities, students are expected to maintain high standards of honesty and integrity. Academic dishonesty is prohibited. Such conduct includes, but is not limited to, an attempt by one or more students to use unauthorized information in the taking of an exam, to submit as one's own work, themes, reports, drawings, laboratory notes, computer programs, or other products prepared by another person, or to knowingly assist another student in obtaining or using unauthorized materials. Plagiarism, cheating, and other forms of academic dishonesty are prohibited. Students guilty of academic misconduct, either directly or indirectly through participation or assistance, are immediately responsible to the instructor of the class. In addition to other possible disciplinary sanctions, which may be imposed through the regular institutional procedures as a result of academic misconduct, the instructor has the authority to assign an "F" or zero for an activity or to

assign an "F" for the course.

# The instructor reserves the right to modify this syllabus in writing during the course of the semester.

## **Instructor Policies**

All cell phones must be turned off during class period. Attendance will be taken each class day. You will be counted absent if you are over 15 minutes late.